

OFFICIAL RESULTS



St Malo Triathlon

Race #2 of Triathlon Manitoba's Grand Prix Series

Sunday, June 23, 2013

St Malo Provincial Park

Participants: 270

Weather: 20°C, cloudy, winds 26 km/h SE, 89% relative humidity

Water temp: 21.5°C

Olympic Triathlon – 1500m swim + 40km bike + 10km run

Female 25 to 29 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Bernadine Cheguis	Gords Triathlon Club	2:36:42	29:43	1:16:46	1:46:28	50:14
2	Gina Tranquada		2:45:08	32:21	1:32:32	2:04:53	40:16
3	Ashley Malzahn		2:48:39	30:45	1:25:12	1:55:56	52:43
4	Catherine Bell		3:12:55	38:53	1:34:20	2:13:13	59:42

Female 30 to 34 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Tyra Dickson		2:46:06	32:27	1:26:20	1:58:47	47:20
2	Joanne Schiewe	Gords Triathlon Club	3:00:23	35:02	1:30:34	2:05:36	54:47

Female 35 to 39 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Jane Yardley	Tribalistic	2:32:27	28:06	1:18:29	1:46:35	45:53
2	Stacey Finch	Trifactor Triathlon	2:47:01	30:00	1:29:31	1:59:31	47:30
3	Lisa Penner		2:48:47	29:38	1:26:48	1:56:25	52:22
4	Terri Wolfe		3:02:27	30:25	1:28:28	1:58:53	1:03:34
5	Loretta Kulchycki		3:05:47	34:17	1:30:49	2:05:06	1:00:42

Female 40 to 44 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Cynthia Menzies	Tribalistic	2:41:34	32:08	1:23:23	1:55:30	46:04
2	Sheila Crane	A And L	2:55:13	30:31	1:33:18	2:03:49	51:25
3	Sherry Penner		2:56:00	34:02	1:31:01	2:05:02	50:58
4	Kris Wood	Gords Triathlon Club	3:00:40	30:22	1:33:09	2:03:31	57:10
5	Esther Adamson		3:00:48	36:07	1:29:19	2:05:26	55:23
6	Lori Edwards	Tribalistic	3:11:30	34:40	1:33:07	2:07:47	1:03:43
7	Heather Marks		3:19:41	43:46	1:38:35	2:22:21	57:21

Female 45 to 49 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Dawn Huck	Trifactor Triathlon	2:54:24	30:01	1:25:23	1:55:24	59:00
2	Linda Whitfield		3:01:27	35:35	1:33:40	2:09:14	52:14
3	Julie Whelen	Gords Triathlon Club	3:07:24	35:27	1:31:41	2:07:07	1:00:17

Female 50 to 54 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Jan Hawkins	Tribalistic	2:55:18	33:42	1:26:16	1:59:58	55:20
2	Tania Gottschalk	Tribalistic	3:13:20	32:54	1:36:12	2:09:06	1:04:15
3	Kim Chase	Gords Triathlon Club	3:24:56	39:56	1:44:45	2:24:41	1:00:16

Female 55 to 59 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Kate Okany	Triple Threat	2:45:14	27:30	1:28:45	1:56:14	49:01
2	Nicole Mercier		3:08:18	33:00	1:33:03	2:06:02	1:02:17

Female 65 to 69 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Anita Bedard		3:45:25	37:50	1:54:12	2:32:01	1:13:24

Male 18 to 24 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Brendan Cade		2:36:36	29:04	1:15:27	1:44:31	52:06

Male 25 to 29 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Greg Wernham	Triple Threat	2:37:42	27:43	1:26:54	1:54:36	43:06

Male 30 to 34 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Les Friesen		2:08:01	26:01	1:04:26	1:30:26	37:35
2	Rich Dreger		2:21:28	27:02	1:12:47	1:39:49	41:39
3	Lance Tremaine		2:33:32	33:59	1:14:58	1:48:56	44:36
4	Mark Loewen		2:54:13	39:24	1:28:48	2:08:11	46:03
5	David McLean		3:31:32	40:40	1:42:37	2:23:17	1:08:16

Male 35 to 39 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Greg Penner		2:11:48	30:06	1:05:44	1:35:49	35:59
2	Charles Kostyk	Gords Triathlon Club	2:16:47	25:57	1:08:54	1:34:51	41:57
3	Greg Tone		2:24:22	32:35	1:11:51	1:44:26	39:56
4	John Power	Trifactor Triathlon	2:25:46	31:44	1:14:56	1:46:40	39:06
5	Mark Struck		2:28:27	28:31	1:14:01	1:42:32	45:55
6	Jamie Hopkins	Trifactor Triathlon	2:30:07	28:40	1:16:37	1:45:16	44:52
7	Mark Kulchycki		2:36:28	31:24	1:16:35	1:47:58	48:31
8	Clint Vandersteen	Trifactor Triathlon	2:36:59	30:46	1:19:53	1:50:39	46:21
9	John Brinkman			37:07			

Male 40 to 44 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Jeff Morier	Tribalistic	2:09:54	22:07	1:06:59	1:29:05	40:49
2	Kevin Beechinor	Trifactor Triathlon	2:25:43	26:33	1:09:49	1:36:22	49:22
3	Glen Duizer		2:26:46	27:33	1:16:34	1:44:06	42:40
4	Dan McCaughan	Trifactor Triathlon	2:27:12	30:34	1:14:19	1:44:52	42:21
5	Justin Rempel		2:27:54	25:52	1:17:35	1:43:27	44:28
6	Dean Gurney		2:38:52	33:19	1:18:33	1:51:51	47:01
7	Corrado D\antonio	Gords Triathlon Club	2:46:34	32:30	1:22:50	1:55:20	51:14
8	Jeff Hoepfner		2:50:04	32:46	1:25:05	1:57:51	52:13
9	Darryl Ross	Westman Triumphs	2:57:00	31:43	1:22:26	1:54:09	1:02:52
10	Craig Stephen	Gords Tri Club	2:57:53	27:14	1:32:33	1:59:46	58:07
11	Craig White	Gords Triathlon Club	3:06:01	36:41	1:33:38	2:10:18	55:44
12	Stephen Haglund		3:45:00	40:02	1:45:08	2:25:09	1:19:51

Male 45 to 49 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Philippe Chabot		2:26:50	26:36	1:13:54	1:40:30	46:21
2	Ward Forsen		2:33:50	30:26	1:14:51	1:45:17	48:34
3	Paul Rogan Rogan	Triple Threat	2:34:23	32:33	1:16:22	1:48:55	45:29
4	Robert Duncan		2:42:45	32:39	1:17:41	1:50:19	52:27
5	Dave Foley		2:45:01	27:06	1:24:52	1:51:57	53:04
6	Doug Hahn	T3 Triathlon Club	2:46:22	33:21	1:21:59	1:55:20	51:02

Male 50 to 54 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	George Corbett		2:32:03	26:37	1:18:12	1:44:49	47:15
2	John Murray	Tribalistic	2:40:09	29:53	1:15:25	1:45:17	54:52
3	Andrew Loughead		2:40:54	29:26	1:24:52	1:54:18	46:37
4	Jim Wernham	Triple Threat	2:50:52	32:49	1:24:15	1:57:03	53:50
5	Kevin Wiebe	Triple Threat	2:53:27	34:19	1:25:14	1:59:33	53:55
6	Raul Perez	Gords Triathlon Club	3:02:56	39:31	1:33:11	2:12:41	50:15
7	Kelly Beckman		3:08:19	39:27	1:32:49	2:12:15	56:04
8	Carl Rohringer			30:43			

Male 55 to 59 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Neil Ferguson		2:26:31	25:22	1:12:41	1:38:03	48:29
2	Tom Okany	Triple Threat	2:27:23	28:00	1:17:26	1:45:26	41:58
3	Tim Hawkins		2:46:04	32:37	1:26:03	1:58:40	47:25
4	Ken Young	Pinnacle Triathlon C	2:47:55	30:30	1:20:38	1:51:07	56:49
5	John Blyth	Westman Triumphs	2:50:14	35:33	1:21:39	1:57:12	53:03
6	Dinu Paraschiv	Gords Triathlon Club	3:17:35	40:18	1:43:24	2:23:42	53:53

Male 60 to 64 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Rob Crowley		2:48:28	31:49	1:19:59	1:51:48	56:40
2	Don Webb		3:03:11	36:38	1:29:05	2:05:43	57:28
3	Jim Nixon	Gords Triathlon Club	3:10:28	37:05	1:33:05	2:10:09	1:00:19

Male 65 to 69 Olympic

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	John Sawchuk		2:53:54	29:00	1:31:20	2:00:20	53:34

Sprint Triathlon – 750m swim + 20km bike + 5km run

Female 16 to 19 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Kaitlyn Wiens	Triathlon Manitoba Y	1:24:29	13:30	43:53	57:23	27:07
2	Raelene Sawatzky-Dyck		1:30:51	18:38	46:54	1:05:32	25:19
3	Kalynn Wood	Gords Triathlon Club	2:06:17	20:35	1:03:00	1:23:35	42:43

Female 20 to 24 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Martine McGregor	A And L	1:27:55	15:54	47:46	1:03:39	24:16
2	Kendra Garagan		1:28:28	11:45	49:02	1:00:46	27:43
3	Erin Rafferty	Trifactor Triathlon	1:29:55	14:17	46:28	1:00:45	29:10
4	Rachele Bosc		1:34:04	19:07	50:00	1:09:07	24:58
5	Rachel Prowse		1:39:56	24:46	45:55	1:10:40	29:17
6	Brittany Roque	A And L	1:45:34	18:36	53:36	1:12:11	33:23

Female 25 to 29 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Jenny Hall		1:31:29	14:42	48:52	1:03:33	27:57
2	Kassy Bouchard		1:36:27	18:46	51:09	1:09:54	26:33
3	Jennifer McKinnon	A And L	1:37:39	15:48	49:47	1:05:35	32:05
4	Maria Arlt		1:43:18	20:11	52:48	1:12:59	30:20
5	Danica Robson		1:45:26	15:46	59:27	1:15:13	30:14
6	Krystee Van Den Bosch	Gords Triathlon Club	2:00:18	26:02	1:00:20	1:26:22	33:56

Female 30 to 34 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Heather McDonnell	Triple Threat	1:22:49	15:24	43:43	59:07	23:43
2	Leah Park		1:34:04	18:50	48:47	1:07:37	26:27

3	Agnieszka Gigiel	Triple Threat	1:36:00	19:35	48:22	1:07:56	28:04
4	Heather Janzen	3rd Wave Tri Club	1:37:43	19:08	48:48	1:07:56	29:47
5	Nicole Jawa		1:45:52	21:21	53:05	1:14:25	31:27
6	Lisa Saurette		1:51:33	18:23	1:04:39	1:23:01	28:32

Female 35 to 39 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Brandi Smith	Pinnacle Triathlon C	1:16:34	13:24	40:51	54:15	22:20
2	Stacy Dittmer	A And L	1:25:20	18:18	45:18	1:03:35	21:45
3	Kimberly Enns		1:26:54	15:17	47:43	1:03:00	23:55
4	Tracy MacNair	3rd Wave Tri Club	1:26:57	16:40	47:30	1:04:10	22:48
5	Allison Reville	Westman Triumphs End	1:32:35	14:29	49:22	1:03:50	28:45
6	Lisa Gagne		1:32:52	19:41	46:36	1:06:16	26:37
7	Marnie Moroz		1:33:58	18:23	47:45	1:06:08	27:50
8	Lorelle Perry		1:36:15	19:07	51:38	1:10:44	25:31
9	Kerry Flemington		1:38:15	18:32	51:12	1:09:44	28:32
10	Wendy Wong		1:38:34	17:19	53:54	1:11:12	27:22
11	Rayne Wiens		1:40:42	19:03	52:20	1:11:22	29:21
12	Lisa May	Gords Triathlon Club	1:43:03	16:50	51:08	1:07:57	35:07
13	Kristina Pizzi		1:45:07	19:06	51:29	1:10:34	34:33
14	Nichole Grobowsky	Gords Triathlon Club	1:50:37	20:27	49:53	1:10:19	40:18
15	Angie Conrad		1:50:44	16:54	53:25	1:10:19	40:25
16	Andrea Vermette		1:59:33	20:02	1:06:18	1:26:20	33:14

Female 40 to 44 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Christa Rusk	Triple Threat	1:20:36	16:48	39:08	55:55	24:41
2	Jane Klassen		1:29:16	15:27	46:01	1:01:27	27:49
3	Nicole Trottier		1:32:31	18:06	48:56	1:07:01	25:31
4	Sherri Lynn Wingfield		1:32:35	17:04	48:46	1:05:49	26:46
5	Michelle Jacobson	A And L	1:35:17	16:56	46:43	1:03:39	31:39
6	Wendy Tilbury		1:36:00	17:48	50:43	1:08:31	27:30
7	Ayn Wilcox	Gords Triathlon Club	1:40:40	18:05	51:41	1:09:45	30:56
8	Monica Ulrich		1:41:51	20:07	51:27	1:11:34	30:18
9	Dawna Atamanchuk	Triple Threat	1:42:13	17:26	53:00	1:10:25	31:48
10	Katherine Yunker	T3 Triathlon Club	1:43:04	24:12	52:10	1:16:22	26:42
11	Sandra Bains		1:44:25	21:32	51:24	1:12:56	31:30

12	Charlotte Rhodes		1:49:47	24:02	53:23	1:17:25	32:22
13	Christina Reinke		1:50:11	25:54	54:02	1:19:55	30:16
14	Bonnie McKissock	T3 Triathlon Club	1:59:56	21:01	57:39	1:18:40	41:17

Female 45 to 49 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Cherrie Fournier	Tribalistic	1:20:51	13:46	42:35	56:21	24:31
2	Ruth Horne	Triple Threat	1:21:40	11:09	46:12	57:21	24:19
3	Lesley Ball	Trifactor Triathlon	1:25:08	12:21	45:36	57:57	27:12
4	Robin Veldkamp		1:28:20	15:23	46:44	1:02:07	26:13
5	Jackie Gee		1:30:35	18:12	49:24	1:07:35	23:01
6	Pamela Douglas		1:30:58	17:11	45:14	1:02:25	28:34
7	Marlene Naylor		1:32:56	17:01	48:13	1:05:13	27:44
8	Sue Davidson	Junk Yard Dogs Cycli	1:36:39	16:58	49:20	1:06:17	30:22
9	Diana Mae Boychuk		1:38:29	16:23	49:44	1:06:06	32:23
10	Nelleke Van Der Vliet		1:38:52	21:42	52:05	1:13:47	25:05
11	Patti Makinson	Gords Triathlon Club	1:40:13	16:12	53:47	1:09:59	30:15
12	Shelley Ganske		1:42:59	16:55	54:09	1:11:04	31:56
13	Sandi Goertzen	Triple Threat	1:43:11	17:14	51:05	1:08:18	34:53
14	De-Ann Holmes		1:44:54	21:53	50:18	1:12:10	32:44
15	Tabitha Dean		1:45:52	25:12	49:14	1:14:25	31:27
16	Donna Knopf		1:49:57	29:24	50:02	1:19:25	30:33

Female 50 to 54 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Germaine Leger	Triple Threat	1:25:33	15:38	45:47	1:01:25	24:09
2	Lee Stewart		1:35:31	19:09	48:37	1:07:45	27:46
3	Kim Booth	A And L	1:38:27	18:05	49:26	1:07:31	30:57
4	Gerry Borus	Triple Threat	1:38:31	18:46	48:32	1:07:17	31:14
5	Debbie Barnes		1:40:29	18:39	47:37	1:06:15	34:14
6	Lesley Welwood		1:43:01	19:32	49:23	1:08:54	34:08
7	Margaret Kubas		1:48:33	18:43	53:27	1:12:10	36:24
8	Cindy Swaine	Triple Threat	1:49:03	21:48	49:50	1:11:38	37:25
9	Gail Zacharias		1:59:02	26:49	1:00:35	1:27:23	31:39

Female 60 to 64 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Wanda Mathers	Gords Triathlon Club	2:20:45	29:40	58:01	1:27:41	53:05

Female 65 to 69 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Lana Marcine	Kenora Borealis Mult	1:41:23	16:52	51:47	1:08:38	32:45

Male 16 to 19 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Lucas Roy	Triathlon Manitoba Y	1:15:40	13:25	41:08	54:32	21:08
2	Brett Foley	Junk Yard Dogs Cycli	1:21:26	14:07	44:01	58:08	23:19
3	Mackenzie Brooks	Triathlon Manitoba Y	1:22:58	12:07	45:16	57:23	25:36
4	Darcy Reimer		1:31:14	15:57	50:08	1:06:05	25:09

Male 20 to 24 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Clayton Heppner	Westman Triumphs	1:10:37	13:57	35:36	49:33	21:04
2	Dannie Mann	A And L	1:14:51	15:56	39:13	55:08	19:43
3	Tyler Wirch	A And L	1:15:07	14:54	36:40	51:34	23:33
4	Eric Roncin	A And L	1:19:28	14:36	39:28	54:03	25:25
5	Brock Cornelsen		1:31:08	18:42			
6	Stefan Kornelsen		1:32:50	17:48	47:20	1:05:08	27:43
7	Miguel Young	Pinnacle Triathlon C	1:34:53	15:29	48:32	1:04:01	30:53

Male 25 to 29 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Michael Van De Velde		1:12:46	13:17	37:41	50:58	21:49
2	Tyler Buffie		1:15:00	12:55	39:25	52:20	22:40

3	Grant Warkentin		1:21:57	12:33	45:59	58:31	23:26
4	Shea Stratton	Trifactor Triathlon	1:35:27	23:00	47:02	1:10:01	25:26

Male 30 to 34 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Kevin Earl	3rd Wave Tri Club	1:10:56	12:35	37:11	49:46	21:11
2	Raymond Avanthay		1:15:59	13:23	38:46	52:09	23:51
3	Richard Cormier		1:16:32	14:29	38:52	53:21	23:12
4	Luke Francis		1:16:42	13:50	40:50	54:40	22:03
5	Jason Dean		1:21:51	14:24	42:02	56:26	25:26
6	Patrick Visser		1:22:35	16:25	42:45	59:09	23:26
7	Louw Greyling	3rd Wave Tri Club	1:22:52	16:11	41:24	57:35	25:18
8	Andrew Arlt		1:24:47	17:41	44:39	1:02:19	22:29
9	Erin Oliver Landry		1:29:51	17:15	45:37	1:02:51	27:00
10	Scott McCrea		1:32:39	21:19	44:37	1:05:56	26:44

Male 35 to 39 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Fraser Cameron		1:16:42	14:05	39:12	53:17	23:26
2	Jason Zinko	Westman Triumphs	1:17:09	13:31	39:58	53:29	23:40
3	Daryl Perry		1:20:39	15:05	42:05	57:10	23:30
4	Jimmy Carambetsos		1:23:09	16:03	42:16	58:18	24:51
5	Mark Gradt		1:33:39	17:38	46:30	1:04:08	29:32
6	Christopher Wood		1:38:22	16:31	49:33	1:06:03	32:19
7	Kyle MacNair	3rd Wave Tri Club	1:40:38	16:21	59:43	1:16:03	24:36

Male 40 to 44 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Chris Schrader	Tribalistic	1:20:10	16:53	41:48	58:41	21:30
2	Dwayne Olson	T3 Triathlon Club	1:21:34	14:10	41:23	55:32	26:03
3	Richard Burr		1:28:16	15:46	48:42	1:04:28	23:49
4	Kevin Wolk	Triple Threat	1:33:02	24:50	43:47	1:08:36	24:26
5	Jamie Hardy	Triple Threat	1:33:49	23:25	45:19	1:08:43	25:06
6	Myron Groening	Tribalistic	1:34:23	18:55	47:54	1:06:49	27:35
7	Ryan Ratuszniak		1:35:52	20:40	49:28	1:10:08	25:45

8	Michael Lees		1:38:31	17:44	49:20	1:07:04	31:27
9	Trevor Finch	Trifactor Triathlon	1:39:55	22:12	46:24	1:08:36	31:19

Male 45 to 49 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Richard Rusk	Triple Threat	1:14:30	13:29	37:45	51:14	23:17
2	Jeff Brooks		1:20:11	14:03	39:22	53:25	26:47
3	Jeff Tilbury		1:21:11	14:01	38:17	52:17	28:54
4	John Andrews	Gords Triathlon Club	1:29:37	17:27	45:38	1:03:05	26:33
5	Darren Reimer		1:31:23	18:04	44:57	1:03:00	28:23
6	Anthony Morham		1:34:41	17:40	50:04	1:07:44	26:58
7	Brad Collignon		1:39:57	20:55	50:09	1:11:04	28:54
8	Dennis Flores	Sulong Triathlon Gro	1:43:13	24:50	48:16	1:13:05	30:08

Male 50 to 54 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Steve Gaunt	T3 Triathlon Club	1:17:47	13:49	41:43	55:31	22:16
2	Claude Simard		1:33:47	21:09	43:40	1:04:48	28:59
3	Donald Duerksen		1:35:16	18:47	46:26	1:05:12	30:04
4	Allen Cuthbert	Junk Yard Dogs Cycli	1:43:36	17:05	52:55	1:10:00	33:37

Male 55 to 59 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Jim Simm	Tribalistic	1:12:12	15:07	36:02	51:09	21:03
2	Brent Holtzman		1:28:20	15:22	44:02	59:24	28:57
3	Fern Berard		1:33:02	17:37	50:04	1:07:40	25:22
4	Bill Medd		1:33:10	16:46	50:42	1:07:27	25:43
5	Lyle Rance		1:39:15	18:09	49:41	1:07:50	31:26

Male 60 to 64 Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Al Stewart		1:21:24	14:59	41:23	56:22	25:02
2	John Gray	Gords Triathlon Club	1:40:42	24:38	49:33	1:14:11	26:32

Male 70 and Over Sprint

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Jim Anderson		1:39:21	21:46	48:44	1:10:30	28:52

Sprint Triathlon Relay – 2.5k run + 20km bike + 5km run

Place	Teamname	Time	Swim	Bike	Swim+Bike	Run
1	Naylor Team	1:04:33	10:56	34:51	45:47	18:47

Sprint Duathlon – 2.5k run + 20km bike + 5km run

Female Duathlon

Place	Name	Club	Time	Run	Bike	Run+Bike	Run
1	Megan Banman	3rd Wave Tri Club	1:20:59	12:08	45:32:00	57:39:00	23:21
2	Michelle Strocen		1:21:59	12:41	45:01:00	57:42:00	24:17:00
3	Christina McDonald	Tribalistic	1:29:07	13:22	48:13:00	1:01:34	27:34:00
4	Anita Miller	Triple Threat	1:31:23	13:48	51:36:00	1:05:24	26:00:00
5	Penny Seier		1:36:41	15:08	51:22:00	1:06:29	30:12:00
6	Ramona Rohringer		1:46:24	16:22	55:20:00	1:11:42	34:43:00
7	Nancy Kroupa			12:49			

Male Duathlon

Place	Name	Club	Time	Run	Bike	Run+Bike	Run
1	George Kroupa		1:09:29	10:38	36:52:00	47:30:00	21:59
2	Colin Sibilleau	3rd Wave Tri Club	1:13:34	11:37	39:10:00	50:47:00	22:48
3	Romel Marquez	Triple Threat	1:19:51	11:52	42:28:00	54:20:00	25:32:00
4	Rob Grantham		1:22:47	13:16	43:14:00	56:29:00	26:18:00
5	Robert Smith Peter		1:27:41	13:28	44:39:00	58:07:00	29:35:00
6	Anadranistakis		1:28:41	12:56	48:21:00	1:01:16	27:26:00
7	Rob Reville	Westman Triumphs	1:31:41	13:56	47:50:00	1:01:45	29:56:00
8	Curt Plett		1:37:20	15:21	51:45:00	1:07:05	30:15:00

Try-a-Tri – 300m swim + 20km bike + 2.5km run

Female Tri-A-Tri

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Rhonda Kitchen	Junk Yard Dogs Cycli	1:05:35	6:43	44:28	51:10	14:25
2	Amie Seier		1:07:52	7:13	47:16	54:29	13:23
3	Nicole Megarry		1:18:55	6:20	55:42	1:02:02	16:54
4	Tracie McDonald	Triple Threat	1:19:34	6:54	54:54	1:01:47	17:47
5	Alexa Richardson		1:20:05	7:17	56:15	1:03:32	16:34
6	Linda Klassen		1:23:02	11:49	57:06	1:08:55	14:08
7	Megan Adams		1:23:26	10:32	54:20	1:04:51	18:35
8	Daidre Shedden		1:26:02	7:25	55:46	1:03:11	22:52
9	Beth Visser		1:26:03	7:31	55:41	1:03:11	22:52
10	Nancy Eidse		1:26:58	11:10	54:39	1:05:48	21:11
11	Cassandra Cure		1:32:37	9:48	1:05:10	1:14:58	17:39

Male Tri-A-Tri

Place	Name	Club	Time	Swim	Bike	Swim+Bike	Run
1	Grant McMillan		59:34	6:49	41:07	47:56	11:39
2	Daniel Bezte		1:02:10	5:28	43:24	48:51	13:19
3	Derrick Collette		1:05:25	7:55	46:10	54:04	11:21
4	David Fraser		1:07:44	6:37	46:38	53:14	14:31
5	Jason Sigurdson		1:11:09	6:43	49:55	56:38	14:32
6	Ryan Younghusband		1:11:32	12:58	45:47	58:44	12:48
7	Stephane Roy		1:12:21	6:48	46:51	53:38	18:43
8	Jim Foulkes		1:14:38	7:54	50:56	58:49	15:49
9	Jim Fraser		1:16:58	8:12	52:17	1:00:28	16:30
10	Samuel Kidd		1:18:43	10:05	51:11	1:01:15	17:28

Try-a-Du – 2.5k run + 20km bike + 2.5km run

Female Tri-A-Du

Place	Name	Club	Time	Run 1	Bike	Run+Bike	Run 2
1	Aileen Smith	Tribalistic	1:12:48	13:27	45:15	58:42	14:07
2	Melanie Roussel Gosse		1:20:42	15:31	48:05	1:03:36	17:06
3	Crystal Gavigan	3rd Wave Tri Club	1:24:44	16:40	49:19	1:05:58	18:47
4	Charmaine Gosselin		1:27:34	17:10	49:40	1:06:50	20:44
5	Carrie Ryman		1:29:39	17:12	52:50	1:10:01	19:38
6	Carolyn Brooks		1:32:42	15:42	57:05	1:12:47	19:55
7	Jennie Ryman		1:38:19	18:42	56:09	1:14:51	23:28

Male Tri-A-Du

Place	Name	Club	Time	Run 1	Bike	Run+Bike	Run 2
1	Dan Gagne		1:09:19	12:41	43:01	55:41	13:39
2	Travis Smith		1:12:10	13:26	44:04	57:29	14:41
3	Miguel Collette		1:13:43	11:21	50:43	1:02:04	11:40
4	Simon Hriech		1:23:35	16:19	49:11	1:05:30	18:06

If you see any mistakes in these results, please contact stmalotri@gmail.com

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- Triathlon Manitoba

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